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Karen Maezen Miller is a Zen Buddhist priest and teacher at the Hazy Moon Zen Center in Los Angeles. She is the author of Paradise in Plain Sight: Lessons from a Zen Garden, Hand Wash Cold: Care Instructions for an Ordinary Life and Momma Zen: Walking the Crooked Path of Motherhood. She leads retreats around the country.

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Momma Zen: Walking the Crooked Path of Motherhood, is an intimate and inspiring guide to the Zen wisdom found in the everyday lessons of early motherhood. The author, Karen Maezen Miller is a mother, wife, writer and Zen Buddhist priest. She began her Zen training in 1993 as a student of Taizan Maezumi Roshi, the founding abbot of the Zen Center of Los Angeles, one of the first Japanese masters ...

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