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Julieanna Hever, MS, RD, CPT, the Plant-Based Dietitian, is a Registered Dietitian who has been in private practice in Los Angeles since 2005, specializing in weight management, disease prevention and management, and sports nutrition. She is the host of the wellness talk show series What Would Julieanna Do? on Z Living Network, has given a TEDx talk, author of The Vegeterranean Diet and the ...

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Plant-Based Nutrition, 2E (Idiot's Guides) (Paperback) By Julieanna Hever, Raymond J. Cronise, Penn Jillette (Foreword by) Alpha, 9781465470201, 352pp. Publication Date: January 9, 2018.

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