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## **The Psychology Of Kundalini Yoga**

The Psychology of Kundalini Yoga  
Paperback – Illustrated, July 1, 1999 by  
C. G. Jung (Author), Sonu Shamdasani  
(Editor) 4.6 out of 5 stars 91 ratings

## **Amazon.com: The Psychology of Kundalini Yoga ...**

This is actually notes of a seminar Jung gave in 1932. While he does not escape approaching Kundalini Yoga via an attitude of European orientalism, I think credit should be given that he was the first, I think, psychologist to look at Indian traditions for insights into the stages of higher consciousness and

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An amazing piece of insight and a great  
companion to Jung's Red Book, The  
Psychology of Kundalini Yoga gives the  
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journey to the east and the impact it had  
on his perspectives and practice. Highly  
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“Kundalini yoga presented Jung with a

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model of something that was almost completely lacking in Western psychology — an account of the development phases of higher consciousness.... Jung's insistence on the psychogenic and symbolic significance of such states is even more timely now than then.

## **The Psychology of Kundalini Yoga | Princeton University Press**

the psychology of kundalini yoga by c g jung. Cakras symbolize highly complex psychic facts which at the present moment we could not possibly express except in images.

## **The Psychology of Kundalini Yoga by Carl G Jung | by ...**

Carl Jung gave a series of lectures in 1932 where he explored the symbolism of the Chakra system of Kundalini Yoga, and compared it to stages of psychological/spiritual development. I think the parallels are very compelling, and consistent with Advaita at a higher

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level. Here are some excerpts from a book, "The Psychology of Kundalini Yoga", edited by Sonu Shamdasani, ...

## **Symbolism of the Chakra system of Kundalini Yoga - Carl ...**

Kundalini, which is to be awakened in the sleeping Muladhara world, is the suprapersonal, the non-ego, ... For this reason Kundalini is the same principal as the Soter, the Savior Serpent of the Gnostics." The Psychology of Kundalini Yoga, Carl Jung. Lecture 4, 26 October 1932, Notes of the Seminar, Princeton University Press, USA, 1996, Page ...

## **Carl Jung on Kundalini - Carl Jung Depth Psychology**

Annual of Archetypal Psychology and Jungian Thought (1974): 256-68. 2 Her lecture, which contained interpretations of Goethe's work through the symbolism of Kundalini yoga, was published in full in her Studien zu C. G. Jungs Psychologie (Zurich: Daimon, 1981), 285-318. xi

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A Message from Tej "I was brought to the Teachings of Kundalini Yoga and Meditation through a USC psychology

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experiment in 1972. Having studied counseling to heal people from their troubles, I realized after my first three months of yoga training that this Kundalini Yoga practice took me light years ahead of anything else in a very short time.

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